

# *Classification of diseases*

- ACUTE
  - Violent short acting
  - End in death or recovery.
  - Must subside after a definite interval
  - Largely self curative, may be modified by regulating environment , habit and/or mechanical interference.
  - Examples - mechanical/exterior sources – fractures, indiscretions in diet and regime, external poisons- fumes, noxious plants, thermal – frostbite, sunstroke, selflimiting Viral and bacterial.
  - Medicines may hasten recovery. Acute remedies -Eg Aco, Bell, Stram, Bry, Arn, China, NV etc.

# SEEMINGLY ACUTE DISEASES

- However Hahnemann found that when he was treating some acute conditions, there was an apparent success, ie these cases would return with a recurrence of symptoms at intervals; At times the returning symptoms were very similar to those they had before, while at other times there would be an aggravation of the previous condition, or other variations.
- Considerable study of these cases convinced Hahnemann that there was some underlying condition which was the mainspring of these recurrent manifestations and which was causing more or less gradually a retrograde condition, although the acute manifestations were apparently met and conquered by the homœopathic remedy. It occurred to him that he was treating in these acute conditions only a part of the real disease; otherwise the disease would have become completely and permanently cured by the administration of the *simillimum*.

# *Origin of Miasm concept.*

- It became Hahnemann's study to take into consideration these deeper conditions from which sprang the acute disease. These deeper conditions were called miasms.
- In order to undertake this stupendous task it was necessary to study a vast number of cases and to consider and develop a number of remedies to meet his requirements, which was to cure both the acute symptoms and the underlying chronic sickness; to conquer the hidden primitive malady. These were later called the deeper chronic constitutional antimiasmatic remedies etc.

# *Hahnemann's observations*

- CHRONIC DISEASE – Caused by an underlying chronic miasm. Could give rise to recurrent acute flareups in certain conditions or Progress slowly, silently ending with the life of patient.
- Chronic diseases nearly always had a pattern which traced back to three major conditions which were suppressed.
  - Itch, scabies.
  - Gonorrhoeal discharge
  - Syphilitic chancre
- Conclusions – Are these suppressions to do with what came thereafter?

# Hahnemann's Miasms

- In his study of disease, he separated all disease conditions into the four great groups before mentioned. The mechanical and acute conditions were easily detected and classified. To the three remaining groups Hahnemann gave the term *miasms*.
- Acute disease- Acute remedies -Eg Aco, Bell, Stram, Bry, Arn, China, NV etc.
- Chronic miasm – Psoric, Sycotic, Syphylitic-Chronic remedies – which have likeness to chronic miasms. - Sulphur, Thuja, Merc sol etc

# *Chronic miasm theory and controversy*

- My experience -
  - Hering law in practice
  - Acute remedies when given in chronic diseases.
    - In acute exacerbation of chronic diseases, these remedies cured single acute flareups for a time but symptoms came back, case progressed steadily. ( Palliation)
- Differentiate acute and acute exacerbations of chronic diseases by case examples ( Dr Jayesh Shah).
- Case analysis and Action of remedies in both cases.
- Example of practical application.

# PSORA

- Basic fundamental miasm
- First appears on skin and susceptible to suppressions.
- Which leads to a series and sets of distressing symptoms affecting various deeper body parts.
- Latent Psora
- Active Psora from exciting causes.
- Although fundamental miasms have their period of remission, latent states lasting perhaps for years without showing any manifestations, some sudden crisis in the history of the individual may rouse them to sudden eruption and the patient will become severely disturbed in health. These crises may be in the form of accidents, exposure, some slight infection, indiscretions of diet or hygiene, some apparently simple thing out of all proportion to the serious consequences. In this class come the pneumonias following accidents and exposures; infections from slight wounds; almost all of those grave states roused by a seemingly slight cause.

# *Psoric Expressions*

- ACTIVE
- Generalities
- Particulars
- LATENT
- Mentally.

# *Diseases classified under psora – Dr Vijaykar*

- Level 1 – Boils, rash, acne, eczema, dermatitis, conjunctivitis, aphthae, otitis externa.
- Level 2 – Acute rhinitis, tonsillitis, sinusitis, asthmatic bronchitis, pharyngitis, dry cough, alveolitis, bronchiolitis, hepatitis, gastritis, diarrhoea, dysentery, enteritis, acidity, enteric fever, appendicitis, UTI.
- Level 3 – Arthritis, Synovitis, Muscular Back pain, Hair fall.
- Level 4 – Anxiety, Angina, Hypertension, Myocarditis, Lymphangitis, Nephritis, Tuberculosis, Pleurisy.
- Level 5 – Diabetes and thyroiditis
- Level 6 – Peripheral neuritis, Diabetic neuropathy.
- Level 7 – Genetic diseases with Psoric traits and tendencies.

# *Latent Psora*

- Mentally Alert, Quick, Active keen
- Hyperactivity but easily fatigued mentally and physically
- Anxiety +++
- Lots of fears – health will fail, unable to achieve what they attempt, fear sickness, death, heart condition. Kids fear dark, strangers, school.
- Difficult concentration as thoughts keep coming one after the other and get ahead of their work.  
Cannot stay put in one channel.

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- Emotional turmoils, anger, sorrow, hysteria

# *What happens at a deeper mental level?*

## **SULPHUR**

- Del disgraced
- Del scorned
- Del embarrassed
- Del Body black
- Del Thin getting
- Del Poor getting
- Del diminished
- Want fancied that he would come to.
- Del great person he is
- Del wealth of
- Del tall, things grow taller.
- Imagines he is a great man
- Fear poverty

# *Sulphur*

- Expressions during successful state
  - Creative, Plans makes many.
  - Inquistive
  - Talks of business
  - Busy
  - Censorious, Critical
  - Courageous
  - Egoistic and haughty
- Expressions during failed state
  - Indifference to personal appearance
  - Foolish pride and happiness
  - Considers rags as silk
  - Aversed to business
  - Cowardice
  - Discontent and displeased.
  - Disgust

# *PSORINUM*

- Despair of recovery during convalescence
- Fear of poverty
- Feeling that his business will fail though it is prosperous
- Del going to lose fortune
- Fear misfortune and disaster
- A/f Anticipation
- Feels good and bad in turns
- Sick imagines himself to be.

# *Deeper mental ( delusional) theme*

## *– Dr Sankaran*

- Stress from outside
- Struggle to achieve, maintain the state with lot of anxiety, doubt about his capacity and lack of confidence to deal with stress
- Hope
- Failure is not the end of the world

# *Psoric Personality*

- Lacks confidence
- Constant fears and anxieties
- Under pressure and stress
- Anticipatory anxiety
- Restless active, struggles with problems
- Dreams varied, many
- Expressive, describes complaints very well.
- Nervous hyperactive personalities
- Hope and despair but despair is not the end of the world

# *References*

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- Substance of Homeopathy - Sankaran
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- HomeoQuest software – Shilpa Bhouraskar